



ITALIAN YARN STUDIO®  
Borgo de' Pazzi™

# THE FREE FRIDAY PATTERN

YARN: BULKY BY BORGO DE' PAZZI

## ARNE COLW-HOOD

by Esther Lara, @nosolopunto

*The **Arne Cowl-hood** has the special feature that it can be used as a common cowl and turned into a hood if you need to. It has a cord finished with two tassels or pompons in order to close the face hole so it can fit as you like. It's a very quick and easy pattern that you can finish in a short time. It's perfect for a last-minute Christmas gift. In this pattern you will find photographs and videotutorials explaining how to make the cord, the tassels, the German short rows and whatever question you may have.*

#arnecowl #cuelloarne - @nosolopunto

#### **MATERIALS:**

- YARN: 200 gr of **BULKY BY Borgo dè Pazzi Firenze (1 SKEIN)**
- 14 mm needles or the size you need to match the gauge
- Wool needle
- Waste yarn
- A hook
- A hair pin, safety pin or a tool to get the cord into the cowl hem

#### **STITCHES & ABBREVIATIONS:**

- Provisional cast-on
- German short rows
- Stockinette
- "Textured" sitch (I explain it to you in a video tutorial)

#### **GAUGE:**

4" x 4" (10 cm x 10 cm), 6 st X 9 r



## INSTRUCTIONS:

Make a 30 stitches provisional cast on with waste yarn. Change to main yarn and work 7 rows in stockinette. Now, grab the first stitch from the first row and work it together with the last row first stitch, make the same with the first row second stitch and the last row second stitch and keep on making this until the end of the row

Don't forget you have to leave the "wrong" or "purl" side outside the work (in the video, I left the "right" side, but it is worked the same way).

In the last row there is one stitch more than in the first row. This is not a mistake, it's only that the knitting is that way. If it annoys you, you can always pick up a stitch from your work's edge and knit it together with the last one in the last row.

You can watch this video where I explain it:

<https://youtu.be/c32IHAXgNFA>

## German Short Row Section:

German short rows are the ones I like the most but, if you prefer another one, (wrap and turn, japanese short rows) you can do as you like. These short rows systems are made in order to avoid holes in the middle of the stockinette because of turning the work before you finish a row.

Right now, you have just knitted a whole row picking up the provisional cast on stitches.



And now:

- Purl 27 stitches (we leave 3 stitches without work in the left needle)
- From now on, you have to use a short row system every time you start/finish a row. As I have already said, I prefer German short rows but you can use whatever you like. You have a link to a videotutorial at the end of this section.
- Turn the work and knit until you have 3 stitches left in the left needle (you must have 24 stitches in the right needle)
- Turn the work again, purl until you have 3 stitches to finish the previous short row (21 stitches in the right needle).
- Turn again, knit until 3 stitches before the last short row ends (18 stitches). Turn the work.
- Purl until you have 3 stitches to finish the previous row. (15 stitches).
- Turn your work and knit until 3 stitches before the last short row finish (you should have 12 stitches).
- Turn the work and purl until the end of the row, picking up all the stitches we have left "waiting". If you have used German short rows, you will see an "x" in the top of the needle: you must grab these two threads together. There must be 21 stitches in the needles.
- Turn the work again and knit the whole 30 stitches.

This is a link to the German short rows video tutorial:

[VUeltas Cortas Alemanas - YouTube](#)



## **Textured Stitch:**

Now, let's start the textured stitch in our work's "wrong side".

### First row:

1 Knit the first stitch, putting the yarn in the right side of your work (the one further from you).

2 With the right needle, grab the yarn 2 stitches to the left from the one we are working on, pull it through your work towards you and leave it in the right needle. Take care of leaving the yarn quite loose, in order to not to shrink your work.

3 Now, knit 2 stitches together

4 Repeat steps 2 and 3 until you have one stitch left into your left needle and knit it.

5 We already have the textured stitch's first row.

### Second row:

- Work it exactly the same way as the first one.

### Third row:

- Knit the first stitch, leaving the yarn in the further side of your work.

- Knit one, slip one, leaving the yarn in the further side of your work. As you made in the last row, leave the stitch as loose as you can, in order to not to shrink your work.

- Repeat this until you have one stitch left and knit it.

### Fourth row:

- Knit the whole row

You may think the stitch is quite difficult when you read this, but you will see it is actually easy in this videotutorial:

<https://youtu.be/v0LhbaaahKw>



## Final Structure:

Now, you only have to repeat these steps:

- Second short rows section
- Second textured stitch section
- Third short rows section
- Third textured stitch section
- Fourth short rows section
- Complete 7 rows of purl stockinette

Here you have a photograph where you can see it better:



## Finishing:

Once you have finished the purl stockinette, cut the yarn 3-4 times longer than your work's width and join the first stitch from the needle with the first little "arch" you will find in the back side of your work, leave the needle stitch free and repeat this with every stitch until the end of the row.

I have made a video to explain it to you:

[Cómo cerrar un montaje doble - YouTube](#)

Now, sew the lateral edges pricking the needle in the little "balls" you have on your work's edges matching every side's textured stitch rows.

If the design were only stockinette, I would have sewn it with "Kitchener stitch" but, since it has several types of stitches, I think this is the best way of sewing it. As always, if you like another kind of seam, you can do as you wish.

I also have made a video about this:

[Cómo cerrar una labor tejida con agujas rectas - YouTube](#)



### **Cord:**

Cut a 4,5 m yarn to make the cord. Fold it by the middle, tie it to a hook, or ask someone to help you grabbing it (this one is a better option because the yarn is quite long and you are going to need help) and start twisting it until it is twisted for everywhere (be careful; you have to twist it in the same direction as the yarn twists). Make a knot, in order to not get it untied. You can make it single too, but I have preferred making it double in this occasion.

- With one hand, grab the yarn, more or less in the middle, join the beginning with the end and drop the middle part. Make another knot, in order to not to get it undone and pass the hand for the cord until it unravels and makes the "curl" become equal.

Here is another video to explain you:

[CÓMO HACER UN CORDÓN DE LANA RETORCIDO - YouTube](#)

### **Tassels:**

- Cut a 60 cm yarn

- Take a hard cover book or notebook that has a bit more width than needed to the tassel length

- Put the yarn on the book spine and, starting in the other part, begin to wrap the yarn in the book. I recommend counting the number of wraps so the two tassels have the same thickness. I made eight wraps in this case.

- When you have all the threads you need, cut the yarn by the book edge where you will have room to get the scissors inside, holding the threads in order to not to get them loose.

- Tie the yarn you had in the book and spin it immediately. Afterwards, make two common knots.

- Now, cut another 50 cm yarn and thread the needle.

- Put the yarn end next to the rest and, placing it 1 cm from the top, wrap it around the tassel.

- With the needle, pass the yarn inside the wrap to make a knot.

- Repeat this. This way, you will already have the tassel safe, it not going to get undone.

- Now, make some more wraps around the tassel to make it more beautiful until you like the result.

- Pass the needle inside one of the wraps a couple of time to make it sure, leave the yarn inside the other tassel threads and cut it.

- Cut the edges of the tassel to get the same length in both.

- To finish, you only have to sew the tassel to the cord.



Another link to a video to explain you better:

[CÓMO HACER BORLAS - YouTube](#)

You can use pompons if you prefer them, so I leave you another link to a videotutorial:

[Cómo hacer un pompón con y sin máquina - YouTube](#)

### **Finishing:**

Now, you have to pass the cord through the cowl tubular hem. You can use a safety pin, a hairpin or a special tool for that.

Sew the tassels or pompons to the cord ends.

Weave in all ends and you already have your cowl-hood finished!

*I hope you have enjoyed my pattern. Please, respect designer's work and don't share it illegally.*



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